



The Potomac Vision

2004-2005, Issue 2

Potomac Valley Section Newsletter
National Council of Negro Women, Inc.

April 2005

Education Committee Hosts Workshop for Parents

On February 5, 2005 the Potomac Valley Section's Education Committee, together with The People's Community Baptist Church Norwood Academy Saturday School, held a parent workshop that focused on steps parents could take to navigate their children's success at school. The workshop included information for parents of children in preschool through 12th grade. Dr. Vivian Boyd moderated the program, speakers included Brenda Kelly and Lucille Ellis. Dr. Boyd discussed ten parenting tips based on research and clinical data (see page 5). Mrs. Kelly discussed ways to help our children feel good about who they are, creating a partnership with the teacher(s), and the significance of nutrition and healthy eating habits for children's success in school. Mrs. Ellis provided parents with vital information about Montgomery County Public School policies, as well as the grading and placement system. She also provided parents with resources and tips for navigating through the system. After the general session, facilitated groups were formed to dialogue about grade level specific issues and concerns.



Above: Speakers from the Parent Workshop (from left to right): Wanda Brown, Lucille Ellis, Vivian Boyd, PhD, Brenda Kelly



Above: Group Facilitators for the high school group: (from left to right): Donna Atkinson, PhD, Altheia Wyche, Carla Malone



Above: Group Facilitators for the middle school group: (from left to right): Crystal DeVance, Yvette Edaehill-Smith



Left: Group Facilitators for the kindergarten - 2nd grade group (from left to right): Beverly Jackson and Mayme Durant

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Dear Members and Associate Members,

We are well into our program year and so much has already been accomplished! As you peruse this newsletter, you will vicariously experience our many successful endeavors. Our Section has so much to be proud of and there are still many forthcoming events. I thank you all for your continued dedication and commitment to our goals and objectives. We are making an indelible mark in our community through our volunteerism, programs and scholarships and I have all of you to thank.

We are continuing our partnerships with: The African American Festival of Academic Excellence, Montgomery County Historical Society, Montgomery County Board of Education, Social Action and the Women's Legislative Briefing. **You all have every reason to stand up and take a bow!** Let's continue to forge ahead as we rank second to none in works of excellence and positive outcomes.

Gratefully Yours,



Effie Smith Macklin, President
NCNW, Potomac Valley Section



Above: Effie Smith Macklin
President, National Council of
Negro Women Potomac

Did you know?

Jillian Macklin was selected from her high school as a representative of Howard University to attend the 19th Annual Symposium on Career Opportunities in Biomedical Sciences in Anaheim, California in March 2005. The Association of Minority Health Professions Schools sponsored Jillian's trip to the event. Additionally, Jillian has been nominated to attend the 2005 National Youth Leadership Forum on Medicine. This nomination was in honor of Jillian's exemplary academic record and strong desire to enter the field of medicine. Congratulations to one of our aspiring students and ROP graduates!



Congratulations to **Siohban & Corey Davenport** & family members, **Chester, Phyllis, & CeCe Davenport** on the birth of Carys Christina Davenport, who was born March

Vivian & Hank Boyd's son, Hank Boyd, III, graduates from University of Wisconsin Law School in May 2005, with specialty in intellectual property. He is currently a Professor of Business at the University. Congratulations to the

Connie Harshaw retired from the National Capital Planning Commission, where she was the Chief Operating Officer since 1988. Connie retired on January 3, 2005 after 29 years of federal service. Prior to NCPC, Connie worked for NIST, NASA Headquarters and the Johnson Space Center, Langley Air Force Base, the Army and the Navy. Connie began her career as a student aid at age 16 and was promoted to the Senior Executive Service in 1998.

Janis Nix is a 1st time grandmother! Her grandson, Carter Lee Nix was born on September 30, 2004.

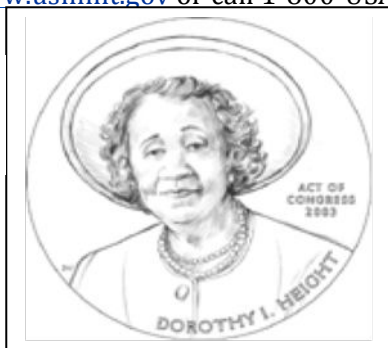
Noteworthy News!

Dr. Dorothy Height Bronze Medals

Bronze duplicates of the United States Mint Congressional Gold Medal awarded to Dr. Height are now available from the United States Mint. Dr. Height was awarded a Congressional Gold Medal in March 2004 in recognition for her many contributions to the Nation. The inscription on the back of the medal has a picture of the headquarters at 633 Pennsylvania Avenue facing the Capitol, and the quotation of Dr. Height's saying: "We African American Women seldom do just what we want to do, but always do what we have to do. I am grateful to have been in a time and place where I could be a part of what was needed."

The bronze duplicates are offered in two sizes: three-inch (\$38) and 1½-inch sizes(\$3). For more information visit www.usmint.gov or call 1-800-USA-MINT.

*Dr. Dorothy
Height Medal
Obverse*



*Dr. Dorothy
Height Medal
Reverse*



Above: Ismay Parrish receives gift from PVS on March 19, 2005.

Farewell to Charter Member Ismay Parrish

Ismay Parrish, a charter member of PVS and former chair of the Seniors Committee, will be relocating to Sanford, North Carolina in April 2005. Ismay was presented with a precious gift from the Section at the March 19th general meeting. As she parts, Ismay shares the following with PVS members:

My Dear Sisters,

Thank you so much for giving me the opportunity to work and serve with you. My active participation in the National Council of Negro Women will continue in either Durham or Riley. Although as a charter member of the Potomac Valley Section, my heart will remain with you.

Your touching words were very much appreciated. The gift box and gorgeous crystal piece will be a pleasant reminder of the time I have had with you.

May God continue to shower blessings on each and every one of you.

Yours in Christian and Sisterly Love,

Committee Updates

Legislative Affairs Committee

Chair: Shirley Johnson

The NAACP Freedom Fund Dinner will take place on Sunday, April 24, 2005 at 6:00pm at Indian Spring Country Club in Silver Spring, Maryland.

The Montgomery County Democratic Central Committee Annual Spring Ball will take place on Saturday, May 7, 2005 at 6:30pm at Indian Spring County Club. For more information contact MCDCC at 301-946-1000.

The Leadership Montgomery 2005 Celebration of Leadership will take place on Saturday, June 18, 2005 at 6:00pm at the Montgomery County/Marriott North Bethesda Conference Center. For information contact: Leadership Montgomery at 301-881-3333.

The 14th Annual Affordable Housing Conference of Montgomery County will take place on Monday, May 2, 2005 from 8:00am - 2:00pm at the Montgomery County/Marriott North Bethesda Conference Center. For information visit: www.affordablehousingconference.org.

Recruitment is underway for new applicants to Leadership Montgomery Core and Senior Program. For information visit the Leadership Montgomery website: <http://www.leadershipmontgomerymd.org>.

The Montgomery County Council Legislative Information Services provides information to keep residents informed about Council activities. To stay informed visit their website at

Seniors Committee

Co-Chairs: Mary Watters & Cherry Richardson

The committee held a Black History Program at Forest Glen Nursing Home & Rehabilitation Center on March 10, 2005 for the residents. The "Spring Fling" will take place at Forest Glen on April 21, 2005. The committee will present a Hat Show and provide residents with decorative miniature hats and baseball

**Membership Committee
Chair: Juanita Thomas-Aruldoss**

Currently, the PVS is 282 members strong! Successful membership drives were held in January and February. Welcome to all our new members! The following is a list of new PVS members:

Karen Anderson	Cheryl Campbell	Minervia Jones	Deborah "DJ" Strauss
Diane Battle	Edward Coggs	Barbara Lashley	Juanita Toney
Malinda Baxter	Vanessa Davis	Shirlene Mattison	Kathryn Torrence
Carol Bintanadeem	Genie Gordon	Lenez McCann	Anna Forbes Townsend
Deborah Bragg	Carolyn Henson	Danielle Payne	LaDonna Washington Howell
Audrey Burwell	Catherine Hewitt	Ellevia Smith	Claudine Wiley
Diane Butts	Marietta James	Samantha Stovall	Sheila Woodard

Committee Updates (continued)

Education Committee

Chair: Wanda Brown

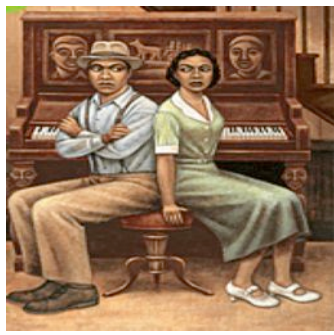
The Education Committee, together with The People's Community Baptist Church Norwood Saturday School will host another Parent Workshop/Conversation on "Writing for Success in Pre-school through 12th grade" on June 11, 2005 from 9:30am to 11:30am at The People's Community Baptist Church.

The previous parent workshop focused on steps parents could take to navigate their children's success at school (see cover story). Dr. Vivian Boyd shared 10 parenting tips, based on research and clinical data, with parents at this workshop. Dr. Boyd provided details and examples for each tip. The following is a very brief summary of Dr. Boyd's presentation:

1. Provide the structure that your developing child needs.
2. Know your child (e.g., how she/he learns, strengths & weaknesses, etc.)
3. Work at making your child's teacher his/her ally. Foster the alliance through mutual respect.
4. Support your child's natural drive toward mastery by understanding that your child has a need for a sense of ownership of something that comes from within.
5. Recognize the importance of listening to your child so they can learn that they can and should be taken seriously.
6. Appreciate the critical need for balance in a child's life by avoiding extremes.
7. Understand that it is often through failure that children learn to cope.
8. Appreciate the value of 'free play' in your developing child for learning social skills, self-control, and negotiation.
9. Promote critical and independent thinking in your child.
10. Train your child for life's race by allowing them to run their own races (rather than trying to run the race for them).



Above and Left: Parents engaged at the workshop sponsored by the PVS Education Committee & TPCBC Norwood Academy Saturday School on February 5, 2005



Ways & Means Committee

Chair: Jeanette Wolfe

Eighty PVS members, Rites of Passage youth, and friends went to see the play "The Piano Lesson" on Sunday, April 3, 2005 at Arena Stage. One of the cast members is Simone Brown, a member of The People's Community Baptist Church. With this play and the others previously attended, the Ways & Means committee has added over \$1000 to the PVS treasury. Funds raised support PVS programs and projects.

Our major fundraiser will be the 2nd Annual Jazz Brunch and Silent Auction to be held on Sunday, April 17, 2005. Entertainment includes Marcus Johnson, soloist Cynthia Givens, and the SMT Dance Elite. The Mistress of Ceremonies will be Denise Rolark-Barnes, Publisher of the Washington, D. C. *Informer*. Tickets are \$50 and can be purchased through The People's Community Baptist Church. Contributions for the silent auction are still being

PVS in the Community

African American Festival of Academic Excellence

The 16th Annual African American Festival of Academic Excellence will be held on Sunday, May 29th at the University of Maryland College Park, Cole Field House. The Potomac Valley Section continues to be a sponsor for this program.



This is a family event that salutes the academic achievements of African American students in the Montgomery County Public Schools. The program will include awards, scholarships, prominent guests, entertainment, and food vendors. The elementary school program will be from 9am to 12pm. The middle and high school program will be from 3pm to 6pm.

To volunteer on behalf of PVS contact Tish Winfield at 301-622-4428 or Nora Nelson at 301-680-2399. For more information about the event call 301-598-4150.

PVS Education Committee Volunteers at Montgomery County History Day Competition

On Saturday, March 19, 2005, PVS sponsored special prizes at the 6th Annual Montgomery County History Day Competition. The presentations included group & individual documentaries, exhibits, performances, and papers. The winners from the event will go to the Maryland State finals in April. A representative from the PVS Education Committee volunteered and served as a judge for excellent projects. The following table lists the winners and their projects.

<p>_____ \$50 each _____ Dede Rothermel _____ Julius West Middle School _____ Exhibit: Negro Spirituals and the _____ Underground Railroad</p>	<p>_____ Chloe Canetti _____ Roberto Clemente Middle School _____ Paper: The Vital Role of _____ Communication along the _____ Underground Railroad</p>	<p>_____ :k for</p>
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Rites of Passage (ROP)

The Rites of Passage young ladies have been very active with many enriching experiences. The following is a summary of their recent activities:

- On a trip to New York City on Saturday, March 5th, they visited historical sites in Harlem and attended 'Lion King' play (see picture at right)
- On March 12th, they participated in a financial management session facilitated by Ms. Diane Cotton
- On March 19th, they attended an anger management/conflict resolution session with Dr. Kim Campbell
- Together with the men's Rites of Passage, they participated in an 'etiquette in fine dining' session on Saturday, April 2nd
- The ROP girls were exposed to theater arts and learned some history about black playwrights on April 3rd when they attend the play 'Piano Lesson'

Below: ROP in New York City on March 5, 2005



Right: ROP girls & graduates at the Black History Program in February 2005

7th Annual Uncommon Height Awards Gala, March 2005



NCNW Sunday, February 2005



ROP Girls in New York City, March 2005



ROP Black History Program, February



7th Annual Uncommon Height Awards Gala, March 24, 2005



Above: Nancy Wilson. Recipient of the 2005 Uncommon Height Award

2005 Uncommon Height Awarded to Nancy Wilson

The 7th Annual Uncommon Height Gala took place at the J.W. Marriott Hotel in Washington, DC on March 24, 2005. The Uncommon Height Award is presented to a person who exemplifies the spirit and tradition of Dr. Height through a lifetime of service to others. This year's recipient was Nancy Wilson.

The Honorable Kweisi Mfume and Ms. Maureen Bunyan (Anchor, ABC-7) hosted the event. Patti Austin paid a musical tribute; Susan Taylor presented a tribute and presentation; and Dr. Height presented the Uncommon Height Award to Nancy Wilson. Past Honorees include Dorothy Height, Maya Angelou, Marian Wright Edelman, Bill and Camille Cosby, Vernon Jordan, and Quincy Jones.

Proceeds from the Gala will "strengthen NCNW's capacity to meet critical needs, empower women and ensure the realization of the legacy embodied by the National Centers for African American Women, the Dorothy I. Height Leadership



MARK YOUR CALENDARS

Sun., April 24, 2005: NAACP Annual Freedom Fund Dinner
Sun., April 24, 2005: Dr. Height Attends TPCBC 11am Service
Sun., May 15, 2005: Rites of Passage Crossover Ceremony
Sun., May 29, 2005: African American Festival of Academic Excellence

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	Emily Henry



Top Row (from left to right): Janis Nix, Effie Smith Macklin, Nora Nelson*, Penny Polk*, E.Patricia Stokes*, Carla Malone*



National Council of Negro Women
Potomac Valley Section
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